

What I Need to Know: Y5 RSHE – Keeping Safe

We nurture the curiosity to learn, the courage to lead and the compassion to care.

Brief summary of topic: Developing an understanding of 'Keeping Safe'. Building understanding of danger, risk and hazards – particularly online. Develop confidence in building strategies to limit risks in face-to-face and online situations.



Create, Communicate & Evaluate

- Role play exploring peer pressure and staying safe.



Question, Reason, Discuss & Explain

- Explore and discuss strategies to deal with face-to-face and online bullying.
- Explore and explain the consequences of not keeping personal information private online and offline.
- Identify risk factors (smoking and alcohol)



Know & Do

- Know what is safe/unsafe to share offline and online.
- Identify everyday situations that pose risk.
- Know how to stand up for yourself appropriately (difficult conversations and dares)
- Know some of the health risks caused by vaping

Vocabulary I need to know...

Safe, safety, risk, danger, unsafe, hazard, online, offline, online bullying, personal, private, information, medicines, drugs, smoking, alcohol, vaping, helpful, harmful, disease, infection, dare, unwell, manage.

Opportunities to support English and maths

- Skim and scan texts to retrieve information or quotes quickly and accurately
- Summarise main ideas from more than one paragraph
- Make and justify inferences with appropriate evidence from the text
- Provide reasoned justifications for their views, quoting evidence from across a text

Curriculum Links and Enrichment Activities

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