

What I Need to Know: Y6 RSHE – Me and my relationships

We nurture the curiosity to learn, the courage to lead and the compassion to care.

Brief summary of topic: Developing an understanding of 'Me and my relationships'. Building understanding of unhealthy relationships physically as well as digitally. Develop strategies for being respectful and being able to collaborate effectively in person and digitally.



Create, Communicate & Evaluate

- Create a short piece of drama to illustrate assertive behaviour



Question, Reason, Discuss & Explain

- Demonstrate positive strategies for negotiating and compromising within a collaborative task
- Recognise some of the challenges that arise from friendships
- Demonstrate protective / assertive behaviour to resist peer influence and pressure
- Recognise that some types of physical contact can produce strong negative feelings; know that some inappropriate touch is illegal
- Describe safe and respectful behaviours when using communication technology



Know & Do

- Know appropriate strategies and safety points to communicate digitally
- Know some strategies for being respectful and for being able to collaborate effectively in person

Vocabulary I need to know...

Peer pressure, assertive, passive, aggressive, behaviours, positive, healthy, relationship, risk, feelings, emotion, misinterpret, respectful, legal, illegal, influence, inappropriate.

Opportunities to support English and maths

- Skim and scan texts to retrieve information or quotes quickly and accurately
- Summarise main ideas from more than one paragraph
- Make and justify inferences with appropriate evidence from the text
- Provide reasoned justifications for their views, quoting evidence from across a text

Curriculum Links and Enrichment Activities

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