

What I need to know: Y4 PSHE – Being My Best

We nurture the curiosity to learn, the courage to lead and the compassion to care.

Name:

Class:

For the next 6 weeks we are thinking about how we can be our best, through the choices we make and responsibility.

What I will know...	✓	Start	End
The different ways that we are unique.		<input type="radio"/>	<input type="radio"/>
Appreciate what makes me unique.		<input type="radio"/>	<input type="radio"/>
The different choices I make and choices others make for me.		<input type="radio"/>	<input type="radio"/>
That I don't always have to make the same choices as my friends.		<input type="radio"/>	<input type="radio"/>
How food, water and sleep affect us physically.		<input type="radio"/>	<input type="radio"/>
The different ways in which we can support our community.		<input type="radio"/>	<input type="radio"/>
Simple actions which make a difference in an emergency.		<input type="radio"/>	<input type="radio"/>
What I can do in a first aid situation.		<input type="radio"/>	<input type="radio"/>

Skills I may use...	
Remember: name, identify, describe	Analyse: investigate, infer, select, clarify
Understand: predict, recall, interpret	Create: plan, design, construct
Apply: use, show, relate, demonstrate	Evaluate: compare, assess, judge

Vocabulary I need to know...		
1. I have heard the word, but I don't know what it means	2. I understand what the word means	3. I can explain what the word means and give other examples
Behavior, resilience, perseverance, independence, aspire, choice, consequence, responsibility, health, wellbeing.		

Opportunities to support English and maths
<ul style="list-style-type: none"> Skim and scan texts to retrieve information or quotes quickly and accurately Summarise main ideas from more than one paragraph Make and justify inferences with appropriate evidence from the text Provide reasoned justifications for their views, quoting evidence from across a text

Curriculum Links and Enrichment Activities
<ul style="list-style-type: none"> Visit / visitor

Respect

Responsibility

Reflection

Resilience