Free School Meals

UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of personal circumstances or financial position. However, you still need to register if you are entitled to Free School Meals as this is important and helps schools funding.

FREE SCHOOL MEALS

Low Income - Are you missing out? To check if you are entitled to Free School meal entitlement ask at your school office.

Allergens

If your child has an allergy - please ensure the school are aware of this allergy (including a referral letter from a medical professional (GP/ consultant /dietician). Any allergy information from the school will be uploaded on to Cypad (our meal ordering system). Please wait for the school to confirm that the correct allergy information has been loaded on to the system. At this point, you can order a suitable dish from our published menu. Please do not order until you have had confirmation from the School or Culinera.

If your child has more complex allergy needs OR HAS AN ALLERGY OUTSIDE OF THE 14 REGULATED ALLERGENS (see here - https://www.food.gov.uk/safety-hygiene/food-allergy-and-intolerance) and requires a special menu, please complete our Special Medical Diet Form. More information is available here - https://www.culinera.co.uk/allergies

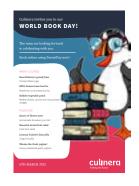


About Culinera

Our aim is to be a long term partner of the school; so we strive to deliver exceptional food every day. We do this by ensuring our team have the tools and skill to cook fresh food, from scratch every single day.

Our food

All of our meals are freshly prepared within the school kitchen. Our menus are nutritionally analysed to ensure they meet and, in most cases, exceed standards. We are committed to constantly buying great ingredients and reviewing our menus and recipes to ensure they are healthy. We have also introduced a number of plant-based recipes to our menus to support the sustainability aspects of our offer.



Coming up

This term we are looking forward to celebrating World Book Day, Chinese New Year and several other exciting theme days, so keep a look out!

culinera feeding the future

Autumn / Winter 2024 - 2025

Welcome back!

We are looking forward to welcoming you back in November 2024 and we hope you all had a lovely half term break.



OTE KEEP IN TOUCH

You can keep up to date with what's going on by visiting our extranet or app. www.culinera.co.uk



WHY NOT ORDER LUNCH ONLINE?

Login to your school website to order your lunch online. For the latest information please find your myculinera webpage on your school website.

PLEASE NOTE

If you are unable to take a booked meal, please ensure this is cancelled before 8am or with the school office as the meal will otherwise be charged.

Autumn / Winter Menu 2024 - 2025

WEEK 1 - 4/11, 25/11, 16/12, 20/1, 10/2							
	MAIN - MEAT	MAIN - VEGGIE	MAIN - HOT PASTA & BAKE	SIDES	PUDDING		
Monday	Fresh chicken burger	Garden green veggie burger 🇸	Tomato pasta 😡	Sweetcorn and green beans	Culinera shortbread 💽		
Tuesday	Cheese and tomato pizza	Sweet pepper pizza 💋 🌱	Green pesto pasta 🇸	Herby diced potato and salad	Chocolate sponge cake with chocolate custard √		
Wednesday	Turkey with stuffing	Cheesy potato filo pie √	Tomato and vegetable 🌾	Roast potatoes, mixed seasonal vegetables	Carrot cake 💋 🇸		
Thursday	Chilli con carne 💋	Vegetable stir fry ᇞ	Mac and cheese $\sqrt{}$	Vegetable rice and broccoli	Vanilla ice cream √		
Friday	Baked fish fingers 🗪	Quorn sausage 🔍	Tomato and pesto \bigvee	Chips, baked beans, peas	Flapjack 🔍		

WEEK 2 - 11/11, 2/12, 6/1, 27/1, 17/2							
	MAIN - MEAT	MAIN - VEGGIE	MAIN - HOT PASTA & BAKE	SIDES	PUDDING		
Monday	Cheese and tomato panini with wedges 🌾	Vegetable chilli with wedges	Tomato pasta 🕨	Broccoli and corn	Chocolate shortbread 🥨		
Tuesday	Traditional beef lasagne 💋	Chickpea and grated vegetable balls with pasta 🎸	Broccoli and cheese pasta $\sqrt{\ }$	Carrots and leeks	Apple crumble slice $\sqrt{\ }$		
Wednesday	Roast chicken with stuffing	Vegetable and tomato tart ✓	Mac and cheese $\bigvee^{\!$	Roast potatoes, seasonal mixed vegetables	Pink iced sponge √		
Thursday	Mild chicken curry	Roasted cauliflower curry 🕡	Tomato and pesto $$	Vegetable rice, sweetcorn and peppers	Lemon drizzle 🇸		
Friday	Baked fish fingers 😂	Vegan nuggets 🔐	Green pesto pasta √	Chips, peas, baked beans	Oaty biscuit 😡		

WEEK 3 - 18/11, 9/12, 13/1, 3/2							
	MAIN - MEAT	MAIN - VEGGIE	MAIN - HOT PASTA & BAKE	SIDES	PUDDING		
Monday	BBQ-glaze chicken	BBQ Vegetable kebab with pita ✓	Tomato and vegetable pasta 🗸	Cajun rice, green beans and corn	Chocolate and orange tray bake		
Tuesday	Beef and potato pie	Roasted pepper pizza wrap 🥨	Green pesto pasta √	Mixed vegetables	Jam sponge with custard 🌾		
Wednesday	Chicken sausage and mash	Quorn sausage and mash 🕥	Broccoli and cheese pasta 🇸	Peas and carrots	Gingerbread biscuit 😡		
Thursday	Spaghetti bolognese 💋	Culinera mac 'n' cheese 🇸	Tomato and pesto $\sqrt{}$	Garlic bread and mixed salad	Fruit and lemon flapjack 🕨		
Friday	Chicken nuggets	Quorn nuggets 🕥	Cauliflower leek and cheese bake √	Chips, baked beans, peas	Vanilla cookie 😱		

MENU KEY W Vegan

✓ Vegetarian
✓ Added Plant Power
✓ Oily Fish

Available everyday:



FILLED JACKET POTATOES



HOME BAKED BREAD



FRESH SALAD BAR



JELLY OR YOGURT



FRESH FRUIT