What I Need to Know: Y3 RSHE – Me and my relationships

We nurture the curiosity to learn, the courage to lead and the compassion to care.

Brief summary of topic: Developing an understanding of 'Me and my relationships'. Building confidence in appropriate relationships and problem resolution



Create, Communicate & Evaluate

Drama using RA meeting process



Question, Reason, Discuss & Explain

- Explain we have rules/ laws
- Identify who they have relationships with and how to maintain positive ones (friends, parents etc)
- Identify qualities of friendships and demonstrate simple strategies for resolving conflict
- Understand what a dare is and how to manage the situation
- Express opinions and consider those of others
- Explain the feelings we might have when we lose something/someone



Know & Do

- Know our 'school rules' (vision and values, behavior regulation chart)
- Understand what is involved in a Restorative Approach (RA) meeting.

Vocabulary I need to know...

Rules, laws, safety, relationships, friendship, special, problem, respect, tolerance, dare

Opportunities to support English and maths

- Skim and scan texts to retrieve information or quotes quickly and accurately
- Summarise main ideas from more than one paragraph
- Make and justify inferences with appropriate evidence from the text
- Provide reasoned justifications for their views, quoting evidence from across a text

Curriculum Links and Enrichment Activities

Respect Responsibility Reflection Resilience