What I Need to Know: Y4 RSHE – Keeping Safe

We nurture the curiosity to learn, the courage to lead and the compassion to care.

Brief summary of topic: Developing an understanding of 'Keeping Safe'. Building understanding of danger, risk and hazards. Develop confidence in building strategies to limit risks independently.



Create, Communicate & Evaluate

Create a choice/quest story based on dares.



Question, Reason, Discuss & Explain

- To understand and explain the difference between Danger, Risk and Hazards.
- Reason how to manage a situation where you are 'dared' to do something.
- Discuss and understand that medicines are drugs.
- Understand and explain strategies to limit the spread of infections/diseases.



Know & Do

- Know what the term 'dare' means.
- Identify risks and how to use others to help manage risk.
- Identify images that are unsafe to share online.
- Know alternatives to taking medicine when unwell.

Vocabulary I need to know...

Safe, safety, risk, danger, unsafe, hazard, situations, potential, browsing, online, medicines, drugs, helpful, harmful, disease, infection, dare, unwell, manage.

Opportunities to support English and maths

- Skim and scan texts to retrieve information or quotes quickly and accurately
- Summarise main ideas from more than one paragraph
- Make and justify inferences with appropriate evidence from the text
- Provide reasoned justifications for their views, quoting evidence from across a text

Curriculum Links and Enrichment Activities

Respect Responsibility Reflection Resilience