

# What I Need to Know: Y3 RSHE – Growing and Changing

*We nurture the curiosity to learn, the courage to lead and the compassion to care.*

Brief summary of topic: Developing an understanding of 'Growing and Changing.' Building an understanding of different types of relationship and how we can keep ourselves safe.



## Create, Communicate & Evaluate

- Create a 'Three Head' scenario for keeping safe.



## Question, Reason, Discuss & Explain

- Discuss and understand the 4 zones of personal space
- Understand and explain what are bodies are telling us when things don't feel right. Explain why it is important to talk to a trusted adult if this happens.
- Reason and describe appropriate behaviour online as well as offline.
- Explain what constitutes personal information and when it is not appropriate or safe to share this.
- Reason how different surprises and secrets might make them feel and who they can ask for help from if they feel uncomfortable.



## Know & Do

- Identify different types of relationships and know who I have a positive relationship with
- Describe the terms 'secret' and 'surprise' and know the difference between a safe and an unsafe secret

## Vocabulary I need to know...

zones, personal space, body, bodies, behaviour, trust, trusted adult, online, offline, personal, information, appropriate, inappropriate, surprise, secret, relationship, positive, negative, safe, unsafe

## Opportunities to support English and maths

- Skim and scan texts to retrieve information or quotes quickly and accurately
- Summarise main ideas from more than one paragraph
- Make and justify inferences with appropriate evidence from the text
- Provide reasoned justifications for their views, quoting evidence from across a text

## Curriculum Links and Enrichment Activities

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