

# What I need to know: Y3 PSHE – Summer 2 - Growing and changing

*We nurture the curiosity to learn, the courage to lead and the compassion to care.*

Name:

Class:

For the next 6 weeks we are thinking about growing and changing

What I will know...	✓	Start	End
To identify different types of relationships and know who I have a positive relationships with		<input type="radio"/>	<input type="radio"/>
Understand what is meant by the term body space (or personal space) and know when it is appropriate to allow someone into their body space		<input type="radio"/>	<input type="radio"/>
Know that our body can often give us a sign when something doesn't feel right; to trust these signs and talk to a trusted adult if this happens		<input type="radio"/>	<input type="radio"/>
Recognise and describe appropriate behaviour online as well as offline		<input type="radio"/>	<input type="radio"/>
Identify what constitutes personal information and when it is not appropriate or safe to share this		<input type="radio"/>	<input type="radio"/>
Describe the terms 'secret' and 'surprise' and know the difference between a safe and an unsafe secret		<input type="radio"/>	<input type="radio"/>
Recognise how different surprises and secrets might make them feel and who they can ask for help from if they feel uncomfortable		<input type="radio"/>	<input type="radio"/>
Basic first aid – concepts of first aid and helping others (British Red Cross – First Aid Champions)		<input type="radio"/>	<input type="radio"/>

Skills I may use...	
<b>Remember:</b> name, identify, describe	<b>Analyse:</b> investigate, infer, select, clarify
<b>Understand:</b> predict, recall, interpret	<b>Create:</b> plan, design, construct
<b>Apply:</b> use, show, relate, demonstrate	<b>Evaluate:</b> compare, assess, judge

Vocabulary I need to know...		
1. I have heard the word, but I don't know what it means	2. I understand what the word means	3. I can explain what the word means and give other examples
Self-esteem, caring, community, emotional needs, friendship, respect, support networks, trust, family, relationships education, relationship, assertiveness, consent, keeping safe, communication, invade, invite, physical contact, acceptable, unacceptable, safety, responsibility, internet safety, privacy, personal information, online, private, secrets, surprise, comfortable, uncomfortable.		

Opportunities to support English and maths
<ul style="list-style-type: none"> <li>• Drama/role play – rehearsing ways to be politely assertive</li> <li>• Collaboration/discussion work - secrets or surprises?</li> <li>•</li> </ul>

Curriculum Links and Enrichment Activities
<ul style="list-style-type: none"> <li>• Links to Online safety lessons completed in Computing sessions – Project Evolve</li> <li>• Red Cross resources – First Aid Champions</li> <li>• NSPCC PANTS rules</li> </ul>

**Respect**

**Responsibility**

**Reflection**

**Resilience**