



"It sort of makes you stop and think, doesn't it."



Quick Challenge

- How many hours have you spent online recently
- Think about the last 24 hours and the last week...
- Less than 10 hours?
- More than 70 a week?
- It soon mounts up !!

How many hours are young people are online ?

Ofcom findings on children's and parents' media use reports that, in a week, young people aged between

- **8 and 11 years**
- 14 hours of television
- internet for over 10 hours,
- play games for 9 hours
- radio for 5 hours

- **12 to 15 year olds**
- television 15.7 hours,
- internet 17 hours,
- play games 11 hours
- radio 6.8 hours.

What happens in that time??

- 1 in 3 report being victim of cyberbullying
- 1 in 4 children have seen something upsetting on the internet
- (NSPCC, 2015)

- Do they speak to adults about this experience?

- **NO**
- 44% of children say they have been bullied
- but only 55% of these report it (annual bullying survey 2015)

How many young people are online?

- 40% of 5-15yr olds have their own tablet
- 15% are aged 3-4 yrs
- 90% of children aged 5-15 are online*
- 76% 12-15yr olds have a social networking profile
- 23% of 8-11yr olds

*Ofcom (2015) children and parents media use and attitudes

The Internet and the current issues

- Apps – age appropriate?
- Games – Age appropriate leading to addiction
- Online chatting is it safe?
- “Challenges” – Blue whale challenge
- Inappropriate apps (Yellow) Tindr for children
- Crush Zone – Dating service for young people
- Ghost apps ..what are they hiding?
- Role play games – Undertale encourages sexual offences

Young People and the internet what are the dangers?

- Apps – are they old enough? (most have an age limit of 13yrs)
- Cyberbullying – who are they talking to where are they using their devices – encourage downstairs in a shared area
- Pop ups are they blocked on devices? Can be a method used to hack phones and devices stealing the users identity
- Web cams – Is the lens covered ?
- Passwords are they being shared and are they strong?
- Who are they talking to (stranger danger online chatting)

Age Restrictions for Social Media Platforms

(Ages specified in terms as of 2014)

Twitter
Facebook
Instagram
Pinterest
Google+
Tumblr
Reddit
Snapchat
Secret



LinkedIn



WhatsApp



Vine
Tinder



Path



YouTube
Keek
Foursquare
WeChat
Kik
Flickr



- The Police take cyberbullying seriously and this can lead to a criminal record
- If you are a victim of cyberbullying screenshot the comments as the Police will need to see what's been said.
- DO NOT get involved in a slanging match online this can go against you.
- **Zip It – Block it – Report it**
- The granny test – if a post would offend your gran then it is a post that could offend others and could get you into trouble! Don't post it or send it!!

Sharing images on devices

- How common is sexting?
- 'Sexting' is more common than you may think, and has been found to be commonplace amongst young people.
- Most young people do not see 'sexting' as a problem and are reluctant to talk to adults about it because they are afraid of being judged or having their phones taken away.
- Sending pictures and inappropriate content is in danger of being seen as “normal” teenage behaviour.

In a recent survey 200 young people aged 14yrs were asked questions regarding sexting

- A **quarter** of those asked said they had received a nude or sexual image.
- Almost **half** said that young people were most likely to get involved in sexting while in Year 7 (age 11-12).
- The most likely reasons for young people to send 'sexts' was given as 'to take your relationship to the next level' (47%) and 'peer pressure from a boyfriend/girlfriend' (45%).
- 46 (21%) said they thought young people sent sexts to stop their boyfriend or girlfriend from 'dumping' them.

Sharing indecent images

- The offence is to create and distribute indecent images of a minor (anyone under 18 is a minor)
- The Police are legally bound to record each offence under National Crime Recording Standards – Although each case is judged individually and The Police do not seek to create criminals out of young people making mistakes.

#ProtectYourWorld

Some useful sites to visit that are parent friendly

- www.thinkuknow.co.uk
- www.saferinternet.org.uk
- www.ceop.police.uk